

## Leading the Team in Times of Change

The ability to lead, motivate, engage and support teams and colleagues through change is vital, given Government plans to transform the NHS into one that can more effectively meet patients' needs.

By the end of the one day workshop, delegates will be able to :

- recognize ways in which they can improve clinical service by making positive changes to the way they personally manage change within their team
- demonstrate more flexibility in skills to facilitate the change process for both individuals and the clinical team as a whole

Outline Programme:

- Pre course self assessment questionnaire
- Setting the scene for change – practical exercises and model exploration
- Avoiding the Bermuda Triangle
- The Transition Curve and the implications for clinical settings
- Betari's box and attitudes to change
- The role of short performance coaching conversations on the transition process
- Approaches to the six classic forms of resistance
- Why leaders fail – the role of authentic leadership in supporting the change process
- Leadership approaches including push and pull strategies and the commitment compliance curve



7 guided learning hours  
7 CPD points